



1st & 3rd Thursday each month
From 2pm to 4pm

Ashingdon Elim Church 535 Ashingdon Road, SS4 3HE
Life is hectic, so pause and take a short break!
Contact: Maddy on 01702 200132

FIRST SUNDAY

5pm-7pm on the first Sunday of the month at Rayleigh Elim, 23 Castle Road, Rayleigh SS6 7QD
Free Live Music + Free Coffee + Free Tea + Free Food + Free Cake & Biscuits + Free thought of the day*
Everybody welcome: Bring your friends. Bring your family. Bring yourself! For catering purposes please tell us if you are coming! Email: firstsunday@estuaryelim.church or tell Andy, Dean, Paul or Simon.
* Everything is FREE (but you can make a donation if you are able).

UNITED HOUR OF PRAYER

An opportunity for all members, regulars and visitors from across our group of churches to meet together and to pray together.
Monday 13 November 8pm-9pm Southend Elim
Monday 18 December 8pm-9pm Ashingdon Elim

CAN WE PRAY FOR YOU? If you have a prayer request we would be happy to pray for you. Speak to **Andrea James** or email aj@ashingdonelim.co.uk and your request will be prayed for by the people who participate in the Estuary Elim Prayer Chain.

ARE YOU A TAX PAYER? Did you know by joining the Gift Aid Scheme, at zero extra cost to you, you can increase your tithes and offerings to the Church by 25%? If you donate via Gift Aid for every £1 you give, the tax man will give us an extra 25p - *But only if you fill in a Gift Aid form!* Ask Brian James, Robin Visser or Julie O'Connor for a Gift Aid form.

YOUR MINISTRY TEAM

David Redbond (Senior Pastor)	01702 548438	dave@ashingdonelim.co.uk
Andy Knight (Rayleigh)	07747 330068	andy@rayleighelim.co.uk
Dean Courtier	07886 924099	dean@estuaryelim.co.uk
Keith Maynard (Chaplaincy)	01702 544922	keith@ashingdonelim.co.uk
Paul Aldridge (Southend)	01702 322472	paul@southendelim.co.uk
Simon Law	01702 204326	simon@ashingdonelim.co.uk
Tony Tween	01245 600138	tony@ashingdonelim.co.uk

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FACEBOOK

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www.facebook.com/SouthendElim
www.facebook.com/TwistoffaithEstuaryElim



15 OCTOBER 2017

Sunday 2 Sunday

@ Ashingdon, Rayleigh & Southend Elim

THE SECRET TO CONTENTMENT

"I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me." (Philippians 4:11-13)

The secret to contentment is very simple. And it does not require heroic acts of piety. No, in fact it requires a childlike response from us. The secret is beautifully summed up in this phrase: **"Trust in the Lord with all your heart"** (Proverbs 3:5). Is it really that simple? Just trust God? Yes. God designed us to trust Him in whatever knowledge, wisdom, and strength He provides us and to trust His knowledge, wisdom, and strength when ours reach their limits.

God knows that our living in simple trust in Him will be hard for us, Jesus promised that it would be (Matthew 7:14). It's hard because we're called to trust Jesus in a world under the power of the evil one that rejects and hates Jesus (1 John 5:19; John 14:15; 15:18), while living in a body that has faithless impulses (Romans 7:23-24).

We do not need to understand the "why" to every command of God but we do need to trust God and therefore obey Him. Trusting God is the secret:

- To forgiving those who have sinned against us (Ephesians 4:32).
- To turning away from sexual temptation (1 Thessalonians 4:3).
- To giving generously, even beyond your means (2 Corinthians 8:3).
- To not allowing material abundance to choke the word in us (Matthew 13:22).
- To rejoicing even when sorrowful (2 Corinthians 6:10).
- To contentment even when experiencing deprivation (Philippians 4:12).
- To boldness even in the face of fearful threats (Acts 4:29).
- To peace even when facing pressured trials (Philippians 4:6-7).
- To joy even when enduring affliction and illness (2 Corinthians 1:3-5).
- To hope when all around our soul gives way (Psalm 42:11).
- To blessing those who persecute us (Romans 12:14).
- To overcoming discouragement due to adversity and weakness (2 Corinthians 12:10).
- To not allowing indwelling sin to reign over or condemn us (Romans 6:12, 8:1).

God promises to give us peace and contentment if we trust Him (Philippians 4:6-7). He really wants us to experience them in increasing measure, even here in this troubled world (John 16:33). So He has given us the simple, hard secret: Trust God. It is the only way.

Pastor Dean Courtier



SUNDAY 15 OCTOBER	10.30am	Memorial Hall	Morning Service – Tony Tween
	10.30am	Rayleigh Elim	Morning Service – Andy Knight
	10.30am	Southend Elim	Morning Service – Dave Redbond
	11.00am	Ashingdon Elim	Ekids (4-11) –Samantha Murphy / Maddy Amey
	11.00am	Memorial Hall	Impact! Bible Class (12-16) – Dean Courtier
	11.00am	Rayleigh Elim	Junior Church – Diane Spurling
	6.30pm	Ashingdon Elim	Encouragement Night – Dean Courtier
MONDAY 16 OCTOBER	10.00am	Meet & Mix	Maureen’s Meanderers – Maureen Redbond
	1.30pm	Rayleigh Elim	Games Club – Diane Spurling / Wally King
	7.00pm	Rayleigh Elim	Prayer Meeting – John Spurling
	8.00pm		Estuary Elim Ministry Team Meeting
TUESDAY 17 OCTOBER	7.30pm	Meet & Mix	Dave & Maureen’s Meet & Mix Group
WEDNESDAY 18 OCTOBER	1.30pm	Ashingdon Elim	Afternoon Bible Study – Anne O’Brien
	7.00pm	Rayleigh Elim	Art & Craft Club – Anne O’Brien
	8.00pm	Ashingdon Elim	Music Team Practice – Simon Law
THURSDAY 19 OCTOBER	2.00pm	Ashingdon Elim	TIME OUT till 4pm – Maddy Amey
	7.30pm	Meet & Mix	Exploring Bible Themes – Keith & Daphne’s
FRIDAY 20 OCTOBER	7.30pm	Rayleigh Elim	Estuary Ladies Prayer Event
SATURDAY 21 OCTOBER	10.00am	Ashingdon Elim	Men’s Breakfast book your place with Alison Iley
SUNDAY 22 OCTOBER	10.30am	Memorial Hall	Morning Service – Simon Law
	10.30am	Rayleigh Elim	Morning Service – Tony Tween
	10.30am	Southend Elim	Morning Service – Paul Aldridge
	11.00am	Ashingdon Elim	Ekids (4-11) –Samantha Murphy / Jean Guiver
	11.00am	Memorial Hall	Impact! Bible Class (12-16) – Dean Courtier
	11.00am	Rayleigh Elim	Junior Church – Diane Spurling
	6.30pm	Ashingdon Elim	Evening Service – Dave Redbond
MONDAY 23 OCTOBER	10.00am	Meet & Mix	Maureen’s Meanderers – Maureen Redbond
	1.30pm	Rayleigh Elim	Games Club – Diane Spurling / Wally King
	7.00pm	Rayleigh Elim	Prayer Meeting – John Spurling
	8.00pm	Meet & Mix	Estuary Men’s Night Out – Dave Redbond
TUESDAY 24 OCTOBER	7.30pm	Rayleigh Elim	20:20 Bible Study – Dean Courtier
	7.30pm	Meet & Mix	Dave & Maureen’s Meet & Mix Group
WEDNESDAY 25 OCTOBER	1.30pm	Ashingdon Elim	Afternoon Bible Study – Anne O’Brien
	7.00pm	Rayleigh Elim	Art & Craft Club – Anne O’Brien
	8.00pm	Meet & Mix	Puzzling Questions – Simon Law

THURSDAY 26 OCTOBER	7.30pm	Meet & Mix	Exploring Bible Themes – Keith & Daphne’s
SATURDAY 28 OCTOBER	BRITISH SUMMER TIME ENDS Remember to change your clocks before you go to sleep!		
HEALING & WHOLENESS SUNDAY 29 OCTOBER	9.30am	Southend Elim	BB4C – Breakfast Before Church – Paul Aldridge
	10.30am	Memorial Hall	Healing & Wholeness Service – Dave Redbond
	10.30am	Rayleigh Elim	Healing & Wholeness Service – Dean Courtier
	10.30am	Southend Elim	Café Church – Tony Tween
	11.00am	Ashingdon Elim	Ekids (4-11) – Maddy Amey / Andrea James
	11.00am	Rayleigh Elim	Junior Church – Diane Spurling
	6.30pm	Ashingdon Elim	Healing & Wholeness Night – Simon Law
MONDAY 30 OCTOBER	10.00am	Meet & Mix	Maureen’s Meanderers – Maureen Redbond
	1.30pm	Rayleigh Elim	Games Club – Diane Spurling / Wally King
	7.00pm	Rayleigh Elim	Prayer Meeting – John Spurling
TUESDAY 31 OCTOBER	7.30pm	Meet & Mix	Dave & Maureen’s Meet & Mix Group
WEDNESDAY 1 NOVEMBER	12.00pm	Memorial Hall	Lunch Bunch – Kevin Holmes
	1.30pm	Ashingdon Elim	Afternoon Bible Study – Anne O’Brien
	7.00pm	Rayleigh Elim	Art & Craft Club – Anne O’Brien
	8.00pm	Ashingdon Elim	Music Team Practice – Simon Law
THURSDAY 2 NOVEMBER	2.00pm	Ashingdon Elim	TIME OUT till 4pm – Maddy Amey
	7.30pm	Meet & Mix	Exploring Bible Themes – Keith & Daphne’s
FRIDAY 3 NOVEMBER	7.30pm	Ashingdon Elim	4 Real Youth – Alison Iley
SUNDAY 5 NOVEMBER	10.30am	Memorial Hall	Morning Service – Simon Law
	10.30am	Rayleigh Elim	Morning Service – Tony Tween
	10.30am	Southend Elim	Morning Service – Paul Aldridge
	11.00am	Ashingdon Elim	Ekids (4-11) –Samantha Murphy / Marilene Vobeto
	11.00am	Rayleigh Elim	Junior Church – Diane Spurling
	5.00pm	Rayleigh Elim	FIRST SUNDAY, Live Music from Christine Asamoa, tell Paul or Simon if you are coming.
	6.30pm	Ashingdon Elim	Communion Night – Keith Maynard
MONDAY 6 NOVEMBER	10.00am	Meet & Mix	Maureen’s Meanderers – Maureen Redbond
	1.30pm	Rayleigh Elim	Games Club – Diane Spurling / Wally King
	7.00pm	Rayleigh Elim	Prayer Meeting – John Spurling
	8.00pm		Rayleigh Elim Leadership Team Meeting
TUESDAY 7 NOVEMBER	7.30pm	Ashingdon Elim	Prayer Warriors– Hanna Courtier
	7.30pm	Meet & Mix	Dave & Maureen’s Meet & Mix Group

Most of our sermons are recorded & available online at www.estuaryelim.church/podcast.htm